Culture of Caring
Town Hall | August 7, 2020

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COVID-19

Stay Home/
Must work

Job changed/
gone/safety
net

Frontline
workers/clinic
providers

Deaths/
Asymptomatic

Recession/
Public safety

Militias/
peaceful
protests

Polarization/
misinformation
/uncertainty

Racism public
health
emergency/
colorblind?

Return to
school? Daycare?

Election in
fewer than 90
days

How do we
co-exist?
What will help us get through this?

- Recognize
- Knowledge
- Flexibility
- Communication
- Cooperation
- Patience
SELF CARE!
Eat, drink, be merry, go outside, move pet your pet, help someone
• What is expected of me as a community member?
  – https://msu.edu/together-we-will/msu-community-compact/directives.html

• What are my rights and responsibilities?
  – https://hr.msu.edu/news/coronavirus.html
I am taking personal responsibility in order to protect the health and safety of myself and others. My actions will impact everyone.

“I don’t know how to explain to you that you should care about other people.”

What does it mean to live in a society?
Requirements

WEAR A FACE COVERING
Cover your nose and mouth in public.

MAINTAIN PHYSICAL DISTANCE
Stay at least 6 feet apart.

WASH HANDS OFTEN
Wash your hands with soap or hand sanitizer.

FEEL SICK? STAY HOME.
Fever, cough, aches, fatigue, nausea? Stay home.
• **Face Coverings**
  – I will wear an appropriate face covering over my nose and mouth.

• **Physical Distancing**

• **Personal Hygiene**
  – Washing my hands frequently with soap and water or, if soap is unavailable, using hand sanitizer with at least 60% alcohol
  – Routinely cleaning and sanitizing my living space and/or workspace
  – Using the bend of my elbow or shoulder to shield a cough or sneeze
  – Refraining from shaking hands
Requirements

• Adherence to Signage and Instructions
• Self-Monitoring
  – I will monitor myself for flu-like symptoms (for example, cough, shortness of breath, difficulty breathing, fever, sore throat or loss of taste or smell). If I experience any flu-like symptoms, I will stay at my place of residence and contact a health care provider to determine what steps should be taken.

• Exposure to COVID-19
  – If I have been exposed to someone who is ill or has tested positive for the COVID-19 virus, I will stay at my place of residence, contact a health care provider and follow all public health recommendations.
Adherence to Public Health Guidance and Cooperation with Public Health Authorities

- I will follow all applicable state and public health guidance, and I will cooperate with public health authorities, including, but not limited to, contact tracing. Further, I have been encouraged by MSU to (a) participate in COVID-19 surveillance and screening, (b) participate in COVID-19 testing, and (c) receive a flu vaccination this fall.
Screening

Coronavirus (COVID-19) Workplace Health Screening

Essential MSU employees working on campus must complete a health screening every time they come to campus.

Hi Claudia, when you submit this form, the owner will be able to see your name and email address.

* Required

For the purposes of this health screening form, the owner of this application is the Office of the University Physician and all submitted forms will be sent to your supervisor and/or the Office of the University Physician.

1. In the past 24 hours, have you experienced any new or worsening shortness of breath or difficulty breathing? *

   - Yes
   - No

This question is required.

Next

⚠️ 1 question(s) need to be completed before going to next page: Question 1.
Flexibility

- Shift perspective
- Adapt
- Regulate
Communication

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Communication

- NVC – what is the unmet need?
- Crucial Conversation Skills
- Get to area of common alignment and agreement
  - Want our college/university to succeed?
  - Want to be alive and employed in 2021?
Resources and Avenues for Suggestions

- **Culture of Caring virtual suggestion box**
  - CHM.cultureofsaftety@msu.edu
- **Staff Peer Support**
  - finkel22@msu.edu
- **Mindful Pop-Ins**
  - [http://humanmedicine.msu.edu/Culture_Of_Safety/Home.html](http://humanmedicine.msu.edu/Culture_Of_Safety/Home.html)
- **Health 4 U**
  - [https://health4u.msu.edu/](https://health4u.msu.edu/)
- **Worklife Office**
  - [https://worklife.msu.edu/](https://worklife.msu.edu/)
- **MSU EAP**
  - [https://eap.msu.edu/](https://eap.msu.edu/)