Career Counseling and Development

Integrating acquired knowledge and new clinical experiences can help clarify how values, interests, personality and skills correlate with a desired specialty. However, there may be additional issues to consider. Take a moment to review the following and ask yourself very thoughtful questions about your specialty interest(s). Great additional resources follow.

Helpful Websites and Online Assessments:

AAMC Careers in Medicine Website
http://www.aamc.org/students/cim

University of Virginia Health System Medical Specialty Aptitude Test
http://www.med-ed.virginia.edu/specialties

University of Missouri Career Interest Assessment
http://career.missouri.edu/students/majors-careers/skills-interests/career-interest-game/

Paper-Pencil Assessments:

Myers-Briggs Type Indicator (MBTI)
Please contact the CHM Career Coordinator to arrange test taking procedures and interpretation of scores with feedback.

Books:

The Ultimate Guide to Choosing a Medical Specialty, 2nd Ed.

How to Choose a Medical Specialty

Getting Into Residency: A Guide for Medical Students

Peterson’s Vital Signs: Working Doctors Tell the Real Story Behind Medical School and Practice
Physician Compensation Surveys:

Merritt & Hawkins
http://www.merritthawkins.com/compensation_surveys.cfm

Jackson & Coker

Cejka Search

National & State Workforce Data:

AAMC Workforce Data
http://www.aamc.org/workforce/

Medical Opportunities in Michigan (MOM)
http://www.mimom.org/

Online Journals:

The Journal of the American Medical Association (JAMA)
Provides the latest developments within medicine and medical specialties
http://jama.ama-assn.org/

The New Physician
http://www.amsa.org/tnp/
Journal published by the American Medical Student Association with topics covering medical specialties, specialty choice and the match

The New England Journal of Medicine
Review clinical studies, policy reports and research issues in academic medicine
http://content.nejm.org/

American Medical News (AMNews)
Contains relevant articles on the physician workforce and medical specialties
http://www.ama-assn.org/amednews/

Academic Medicine
http://www.academicmedicine.org/pt/re/acmed/home.htm