Career Development Program

Block I “Understanding Yourself” Course Overview and Objectives

消毒 Time for Introductions...
Previewing the CHM Career Development Program
(Entire Class Session) #1
- Students are provided an overview of the MSU/CHM Career Development Program for years I through IV and are introduced to the MSU/CHM Career Counseling Services that are available to them.
- Students receive their AAMC Careers in Medicine Access Codes & Handbook.
- Students are shown how to access and utilize the AAMC Careers in Medicine Website.

消毒 Time to Get Started...
Understanding Work Values/Interests & Their Relationship to the Medical Specialities
(Small Group Session) #2
- Students explore the values that underlie every choice and every decision they make and how these values and choices provide meaning for the basis of their lives.
- Students are shown how understanding their personal values will make it easier to choose a career that is consistent with their values.
- Students are reminded there are no “right or wrong” answers when assessing values; rather they are shown that these values are reflective of their life experiences to this point in their lives.
- Students identify specific physician work values they deem important to them as a priority in choosing a specialty.
- Students learn that integrating their interests into their work will result in happiness in career choice.
Students will realize physicians in general have similar interests, but some variations occur among specialties.

Students learn that discovering their interest patterns now may shift over time and with new experiences (e.g. clinical, academic, leadership, community service, research).

📅 Time to Explore What’s Out There...
Interactive with Primary & Non-Primary Care Specialty Panel
(Entire Class Session) #4
- Students will have the opportunity to interact with physicians from various primary and non-primary care specialties, who will provide an overview of their work and the professional issues they face in practice.

📅 Time to Keep Your Composure...
Preparing a Professional CV & Exploring Summer Opportunities
(Entire Class Session) #5
- Students will learn how to compose professional curriculum vitae.
- Students will learn how to write a letter of interest for summer opportunities and research.
- Students will review various summer opportunities (including research, study abroad, leadership, clinical experiences).

📅 Spring Time...
Introducing Game.Set.Match. Residency Selection Model
(Entire Class Workshop) #6
- Students will be introduced to “Game.Set.Match.”
- Students will be introduced to the Match and various application processes.
- Students will also attend a Debt Management Education Workshop on how to protect their credit in medical school.